

Heidelberg Catechism

LORD'S DAY 16

Question 40. Why was it necessary for Christ to humble himself even unto death?

Answer. Because with respect to the justice and truth of God, satisfaction for our sins could be made [a] no otherwise, than by the death of the Son [b] of God.

Question 41. Why was he also "buried"?

Answer. Thereby to prove that he [c] was really dead.

Question 42. Since then Christ died for us, why must we also die?

Answer. Our death is not a satisfaction for our sins, but only an abolishing of sin, and a passage into [d] eternal life.

Question 43. What further benefit do we receive from the sacrifice and death of Christ on the cross?

Answer. That by virtue thereof, our old man is crucified, dead and [e] buried with him; that so the corrupt inclinations of the flesh may no more [f] reign in us; but that we may [g] offer ourselves unto him a sacrifice of thanksgiving.

Question 44. Why is there added, "he descended into hell"?

Answer. That in my greatest temptations, I may be assured, and wholly comfort myself in this, that my Lord Jesus Christ, by his inexpressible anguish, pains, terrors, and hellish agonies, in which he was plunged during all his sufferings, but especially on the cross, hath [h] delivered me from the anguish and torments of hell.

[a]: Gen. 2:17

[b]: Heb. 2:9,10; Phil. 2:8

[c]: Acts 13:29; Mark 15:43,46

[d]: John 5:24; Phil. 1:23

[e]: Rom. 6:6

[f]: Rom. 6:12

[g]: Rom. 12:1

[h]: Isa. 53:10; Mat. 27:46

Name : _____

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Vocabulary

Please define the following words/terms in the context of the Heidelberg Catechism, Lord's Day 16:

Humble: _____

Buried: _____

Satisfaction: _____

Abolishing: _____

Eternal Life: _____

Old Man: _____

Crucified: _____

Name : _____

Corrupt: _____

Inclinations: _____

Flesh: _____

Sacrifice: _____

Thanksgiving: _____

Descended: _____

Hell: _____

Temptations: _____

Comfort: _____

Name : _____

Hellish Agonies: _____

Cross: _____

Delivered: _____

Torments: _____

Name : _____

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Scripture Reading/Comprehension

Please read the following Bible passages and answer the questions:

1. Heb. 2:9,10

Based on these verses, point out the ways Jesus Christ faced humiliation on our behalf. Use the hints provided below to guide your explanation (not inclusive, there may be more!)

Jesus Christ was b_ _n of the virgin Mary

Jesus Christ d_ed

Jesus Christ s_ff_ _ _d

2. Acts 13:29

What happened to Jesus after he was crucified and died? Please explain.

Name : _____

3. John 5:24

Have you heard the words of Jesus Christ? Do you believe them? If so, what promises does God give to you?

4. Rom. 6:6

How were you a slave to sin?

Name : _____

5. Rom. 12:1

What does it mean to “offer your bodies as living sacrifices”?

6. Mat. 27:46

Based on this verse, what torment and anguish did Jesus Christ experience?
