

# Heidelberg Catechism

## LORD'S DAY 26

Question 69. How art thou admonished and assured by holy baptism, that the one sacrifice of Christ upon the cross is of real advantage to thee?

**Answer.** Thus: That Christ appointed [a] this external washing with water, adding thereto this [b] promise, that I am as certainly washed by his blood and Spirit from all the pollution of my soul, that is, from all my sins, as I am [c] washed externally with water, by which the filthiness of the body is commonly washed away.

Question 70. What is it to be washed with the blood and Spirit of Christ?

**Answer.** It is to receive of God the remission of sins, freely, for the sake of Christ's blood, which he [d] shed for us by his sacrifice upon the cross; and also to be renewed by the Holy Ghost, and sanctified to be members of Christ, that so we may more and more die unto sin, and [e] lead holy and unblamable lives.

Question 71. Where has Christ promised us, that he will as certainly wash us by his blood and Spirit, as we are washed with the water of baptism?

**Answer.** In the institution of baptism, which is thus expressed: [f] "Go ye, therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost [g]," "he that believeth, and is baptized, shall be saved; but he that believeth not, shall be damned." This promise is also repeated, where the scripture calls baptism the [h] washing of regeneration, and the washing [i] away of sins.

[a]: Mat. 28:19; Acts 2:38

[b]: Mark 16:16; Mat. 3:11; Rom. 6:3

[c]: Mark 1:4; Luke 3:3

[d]: Heb. 12:24; 1Pet. 1:2

[e]: John 1:33; Rom. 6:4; Col. 2:11

[f]: Mat. 28:19

[g]: Mark 16:16

[h]: Tit. 3:5

[i]: Acts 22:16

Name : \_\_\_\_\_

**Heidelberg Catechism**  
**Lord's Day 26**

**Vocabulary**

Please define the following words/terms in the context of the Heidelberg Catechism, Lord's Day 26:

Assured : \_\_\_\_\_  
\_\_\_\_\_

Holy Baptism : \_\_\_\_\_  
\_\_\_\_\_

One Sacrifice : \_\_\_\_\_  
\_\_\_\_\_

Real Advantage : \_\_\_\_\_  
\_\_\_\_\_

External Washing : \_\_\_\_\_  
\_\_\_\_\_

Pollution : \_\_\_\_\_  
\_\_\_\_\_

Remission of Sins : \_\_\_\_\_  
\_\_\_\_\_

Name : \_\_\_\_\_

Renewed : \_\_\_\_\_

\_\_\_\_\_

Sanctified : \_\_\_\_\_

\_\_\_\_\_

Die unto sin : \_\_\_\_\_

\_\_\_\_\_

Promised : \_\_\_\_\_

\_\_\_\_\_

Nations : \_\_\_\_\_

\_\_\_\_\_

Damned : \_\_\_\_\_

\_\_\_\_\_

Washing of regeneration : \_\_\_\_\_

\_\_\_\_\_

Washing away of sins : \_\_\_\_\_

\_\_\_\_\_

Name : \_\_\_\_\_

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**Scripture Reading/Comprehension**

Please read the following Bible passages and answer the questions:

1. Mark 16:16

How do you know this to be true? Where does this belief come from? Please explain.

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2. 1 Pet. 1:2

What word or words from the vocabulary list can be used to summarize the important points found in this verse?

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Name : \_\_\_\_\_

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3. Rom. 6:4

How have you been buried with Christ through baptism into death?  
Please explain.

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4. Mat. 28:19

Who do we preach the gospel to? Who should be baptized? (hint:  
what does the word "disciple" mean?)

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Name : \_\_\_\_\_

5. Tit. 3:5

In your own words, please summarize what is described in this verse.

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